



Frozen Products

**BECAUSE ONLY ONE
WON'T BE ENOUGH**

www.MagicEmpanadasBoston.com



BEEF



Nutrition Facts	
8 servings per container	
Serving size 1 piece (60g)	
Amount Per Serving	
Calories	160
% Daily Value*	
Total Fat 2.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 450mg	20%
Total Carbohydrate 30g	11%
Dietary Fiber 3g	11%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1.8mg	10%
Potassium 140mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Colombian Corn Empanada
Frozen - Filling with
Shredded Beef ,Peppers
and Onions.**



**GLUTEN
FREE**

8 UNITS

Ready To Cook

Keep Frozen | Cook Thoroughly

NET WT 16.9 OZ (480 g)



INGREDIENTS: Cornmeal, Braised Beef, Red Peppers, Scallions, Tapioca Powder, Carrots, Spice, Apple Cider Vinegar, Salt, Cilantro, Gluten Free Beef Base (Cooked Beef And Beef Stock ,Salt , Hydrolyzed Soy Protein , Monosodium ,Glutamate ,Beef Fat , Caramel Color (Sulfites) ,Modified Food Starch ,(Tapioca ,Corn) , Sugar ,Soy Lecithin ,Corn Starch ,Corn Syrup Solids , Natural Flavors, Disodium ,Guanylate ,Disodium Inosinate ,Maltodextrin ,Gum Arabic ,Bha And Propyl ,Gallate ,Citric Acid), Canola Oil, Garlic Powder, Arabic Gum, Water **CONTAINS SOY** .



CHICKEN



Nutrition Facts	
8 servings per container	
Serving size 1 piece (60g)	
Amount Per Serving	
Calories	160
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 420mg	18%
Total Carbohydrate 30g	11%
Dietary Fiber 3g	11%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1.6mg	8%
Potassium 130mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Colombian Corn Empanada
Frozen - Filling with
Pulled Chicken ,Peppers
and Onions.**



**GLUTEN
FREE**

8 UNITS

Ready To Cook

Keep Frozen | Cook Thoroughly

NET WT 16.9 OZ (480 g)



INGREDIENTS: Cornmeal, Chicken, Red Peppers, Scallions, Tapioca Powder, Carrots, Apple Cider Vinegar, Spice, Salt, Cilantro, Gluten Free Chicken Base(Oven Roasted Chicken Meat With Natural Juices ,Salt, Hydrolyzed ,Soy Protein , Maltodextrin (From Corn) ,Yeast Extract ,Sugar ,Modified Corn Starch ,Rendered Chicken Fat ,Onion Powder ,Natural Flavoring ,Disodium Inosinate ,Disodium Guanylate ,Turmeric ,Gum Arabic), Canola Oil, Garlic Powder, Arabic Gum, Water. **CONTAINS SOY**



POTATO & BEEF 

Nutrition Facts

8 servings per container
Serving size 1 piece (60g)

Amount Per Serving		% Daily Value*
Calories	160	
Total Fat 2g		3%
Saturated Fat 0g		0%
Trans Fat 0g		
Cholesterol 5mg		2%
Sodium 440mg		19%
Total Carbohydrate 31g		11%
Dietary Fiber 3g		11%
Total Sugars <1g		
Includes 0g Added Sugars		0%
Protein 4g		
Vitamin D 0mcg		0%
Calcium 20mg		2%
Iron 1.7mg		10%
Potassium 140mg		4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Colombian Corn Empanada
 Frozen - Filling with
 Potatoes & Shredded beef
 ,Peppers and Onions.



GLUTEN
FREE

8 UNITS

Ready To Cook

Keep Frozen | Cook Thoroughly

NET WT 16.9 OZ (480 g)



INGREDIENTS: Cornmeal, Potatoes ,Braised Beef, Red Peppers, Scallions, Tapioca Powder, Carrots, Spice, Apple Cider Vinegar, Salt, Cilantro, Gluten Free Beef Base (Cooked Beef And Beef Stock ,Salt , Hydrolyzed Soy Protein , Monosodium ,Glutamate ,Beef Fat , Caramel Color (Sulfites) ,Modified Food Starch ,(Tapioca ,Corn) , Sugar ,Soy Lecithin ,Corn Starch ,Corn Syrup Solids , Natural Flavors, Disodium ,Guanylate ,Disodium Inosinate ,Maltodextrin ,Gum Arabic ,Bha And Propyl ,Gallate ,Citric Acid), Canola Oil, Garlic Powder, Arabic Gum, Water **CONTAINS SOY** .



VEGAN 

Nutrition Facts

8 servings per container
Serving size 1 piece (60g)

Amount Per Serving		% Daily Value*
Calories	160	
Total Fat 2g		3%
Saturated Fat 0g		0%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 470mg		20%
Total Carbohydrate 32g		12%
Dietary Fiber 4g		14%
Total Sugars <1g		
Includes 0g Added Sugars		0%
Protein 3g		
Vitamin D 0mcg		0%
Calcium 20mg		2%
Iron 1.8mg		10%
Potassium 140mg		2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Colombian Corn Empanada
 Frozen - Filling with **Black Beans ,Corn ,Plant Based**
 ,Peppers and Onions.



GLUTEN
FREE

8 UNITS



Ready To Cook

Keep Frozen | Cook Thoroughly

NET WT 16.9 OZ (480 g)



INGREDIENTS: Cornmeal, Black Beans, Corn Kernels, Ground Beef Substitute (Water, Pea Protein Isolate, Expeller-Pressed Canola Oil, Refined Coconut Oil, Rice Protein, Natural Flavors, Cocoa Butter, Mung Bean Protein, Methylcellulose, Potato Starch, Apple Extract, Salt, Potassium Chloride, Vinegar, Lemon Juice Concentrate, Sunflower Lecithin, Pomegranate Fruit Powder, Beet Juice Extract (For Color)), Red Peppers, Scallions, Carrots, Tapioca Powder, Cilantro, Apple Cider Vinegar, Spice, Salt, Vegetable Base (Onions, Carrots, Celery), Hydrolyzed Soy Protein, Salt, Sugar, Corn Starch, Carrot Powder, Onion Powder, Maltodextrin, Soybean Oil, Carrot Juice Concentrate, Disodium Guanylate, Disodium Inosinate, Water, Natural Flavor), Canola Oil, Garlic Powder, Arabic Gum, Water **CONTAINS SOY, COCONUT OIL**.



CHEESE



Nutrition Facts

8 servings per container
Serving size 1 piece (60g)

Amount Per Serving
Calories 220

	% Daily Value*
Total Fat 9g	12%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 310mg	13%
Total Carbohydrate 29g	11%
Dietary Fiber 3g	11%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 7g	
Vitamin D 0.2mcg	0%
Calcium 180mg	15%
Iron 0.9mg	4%
Potassium 80mg	2%

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Colombian Corn Empanada
 Frozen - Filling with Salty
 Cheddar Cheese



GLUTEN
 FREE

8 UNITS

Ready To Cook

Keep Frozen | Cook Thoroughly

NET WT 16.9 OZ (480 g)



INGREDIENTS: Cornmeal, Cheddar (Milk, Cultures, Salt, Enzymes, Tapioca Powder, Salt, Arabic Gum, Water **CONTAINS SOY,MILK.**



GUAVA & CHEESE



Nutrition Facts

8 servings per container
Serving size 1 piece (60g)

Amount Per Serving
Calories 200

	% Daily Value*
Total Fat 4g	5%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 210mg	9%
Total Carbohydrate 39g	14%
Dietary Fiber 3g	11%
Total Sugars 10g	
Includes 9g Added Sugars	18%
Protein 4g	
Vitamin D 0.1mcg	0%
Calcium 70mg	6%
Iron 0.9mg	4%
Potassium 100mg	2%

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Colombian Corn Empanada
 Frozen - Filling with
 Sweet Guava with Salty
 Cheddar Cheese



GLUTEN
 FREE

8 UNITS

Ready To Cook

Keep Frozen | Cook Thoroughly

NET WT 16.9 OZ (480 g)



INGREDIENTS: Cornmeal, Guava Paste (Sugar, Guava Pulp, Citric Acid, Pectin, Red 40), Cheddar (Milk, Cultures, Salt, Enzymes, Annatto (color)), Tapioca Powder, Arabic Gum, Salt, Water. **CONTAINS SOY,MILK.**

MAGIC EMPANADAS

BOSTON

Our passion for Colombian empanadas has led us to bring one of the most consumed products around the world to the state of Massachusetts. Its versatility to satisfy different gastronomic needs makes it the perfect snack for our customers.

COOKING INSTRUCTION



Fryer: Preheat the oil at 380 F Remove the empanada from wrapper. Place in the fryer and cook at 380 F for approximately 8 minutes or until internal temperature reaches 165 F

(Preferred Method)



Airfryer: Remove the empanada from wrapper. Place in the airfryer Apply spray oil and cook at 380 F for approximately 20 minutes or until internal temperature reaches 165 F



Authentic Colombian
Empanadas now in
your freezer

Our products are sold with different types of fillings and different sizes, they are the perfect snack or appetizer for parties or meetings. we use highest quality ingredients to delivery a absolute delicious empanada that represent our Colombian roots

WWW.MAGICEMPANADASBOSTON.COM

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